




hiapsi
SPA & FITNESS



HIAPSI SPA

Hiapsi MEANS
heart
A N D
soul *spirit*
IN THE
Yaqui LANGUAGE

Hiapsi Spa is inspired by desert earth elements and
unique, timeless Yaqui health and healing rituals.

Therapeutic botanicals and high quality services
provide an escape to the calm within you.

Connect to your inner peace, nurture your body and
rejuvenate your spirit at Hiapsi Spa.

Yaqui Inspired Ritual

Treatment specifically designed to create an experience of reconnecting the Mind, Body and Spirit with Mother Earth

FLOWER RITUAL *100 minutes*

This one-of-a-kind Yaqui inspired therapeutic ritual merges nature's healing herbs and acupressure massage with the power of aromatherapy. First, breathe in the scent of Copal aroma, relax with a warm herbal footbath and connect with Mother Earth. Next, a variety of essential oils are applied to the spine and dispersed with soothing massage strokes. Acupressure is applied to the full body, hands and feet are wrapped in warm paraffin and you are centered and grounded.

Spa Packages

Bundles of therapeutic services... great as a gift or just for you.

SIGNATURE SPA DAY *3 hours*

Nourish the Body, Face, Hands and Feet: 50 minute Hiapsi Signature Massage, 50 minute Hiapsi Signature Facial, Day Dream Manicure, Day Dream Pedicure

THE TOUCH OF HIAPSI *75 minutes*

Our sampler for relaxation: 25 minute massage for back, neck and shoulders, 25 minute Express Facial, 25 minute Herbal Wrap.

DESERT HEAT BODY PACKAGE *130 minutes*

Melt away stress with warm stones and rebalance with detoxifying mud: 80 minute Desert Stone Massage, 50 minute Desert Heat Mud Wrap.

THE URBAN ASSAULT PACKAGE *160 minutes*

Therapeutic and rejuvenating for the face and body: 80 minute SOS Sports Massage, 50 Hiapsi Signature Facial with 30 minute Desert Heat Mud application to the spine.

Spa Suite Experiences

COUPLES TREATMENTS *50 - 80 minutes*

Enjoy your choice of massage, facials or body treatments while laying side-by-side with your companion.

COUPLES PACKAGES

Relax and rejuvenate together with one of the following spa packages, experienced together in the same room:

The Touch of Hiapsi
Desert Heat Body Package
Urban Assault Package

(See package descriptions on previous page)

Body Treatments

Thoroughly therapeutic treatments feature native botanicals of the Southwest

SONORAN SALT LAVENDER SCRUB *50 minutes*

Calming Lavender essential oil and invigorating salts heat and cleanse the skin. Following a rinse in the shower, Lavender body butter leaves skin hydrated.

HUYA SEEWA SUGAR SCRUB *50 minutes*

A hydrating floral sugar polish gently exfoliates the body. A shower rinse is followed with full body application of soothing body butter.

TOUR OF FIJI SCRUB *50 minutes*

Gently buff away dull skin cells and unclog pores, rejuvenating your skin. Followed by an application of Fiji body butter to rapidly moisturize the skin. Choose from three different coconut sugar scrubs: Guava, Coconut or Pineapple.

NATIVE AMERICAN HERBAL THERAPY *50 minutes*

Detoxify with the help of wild herbs. An exfoliating body brush is followed by a full-body application of detoxifying essential oils. A steamy herbal-steeped wrap promotes warmth for further detox.

DESERT HEAT MUD WRAP *50 minutes*

A gentle dry brush increases circulation of the skin. A full body application of warm therapeutic mud is applied to draw out toxins and rejuvenate the body and soul.

DETOX HERBAL FOOT SOAK *25 minutes*

Following a soak in a warm magnesium foot bath, the feet are massaged with a soothing balm of Vitamin E, Pomegranate, and Argan Oil.

Body Experiences

Luxurious treatments that feature dry brushing, exfoliation body polish, and extended therapeutic applications for added relaxation and health benefits.

SAGE PURIFICATION 80 minutes

Purify with the power of sage. Desert salts and jojoba oil scented with Sage, Mint and lavender oils purify and exfoliate the skin. Following a rinse in the shower, a 50 minute full body relaxation massage further nourishes the skin and calms the body and mind. *(Sage smudging is included if desired)*

SOUTHWEST AGUACATE DRENCH 80 minutes

Nourishing Avocado is featured throughout this body polish and wrap for ultimate hydration. Avocado stone packed with Vitamin C and E exfoliates the skin. A super hydration mask of Avocado and Cilantro is painted on the body, followed by a full body drench of Avocado lotion rich with vitamins and essential oils.

GOLDEN SOL MUD MASQUE 80 minutes

A gentle Mesquite Honey scrub exfoliates the skin to prepare for a re-mineralizing and nourishing application of Desert Golden Mud. Following a rinse in the shower, botanical rich lotion is applied to the full body leaving skin with a healthy glow.

Massage and Bodywork

Licensed massage therapists provide the healing power of touch combined with desert botanical oils for rest, recovery, and rejuvenation.

HIAPSI SIGNATURE MASSAGE *50/80 minutes*

Traditional Swedish massage using light to moderate pressure with our signature oil or unscented oil. Improves circulations and relives tension.

DREAM WEAVER AROMATHERAPY MASSAGE *50/80 minutes*

A personalized blend of essential oils is combined with relaxation massage therapy to enhance body, mind and spirit.

REDUCE-THE-STRESS MASSAGE *50/80 minutes*

Specialized deep tissue techniques are applied to ease chronic tension and facilitate ease in functional muscles of the body.

SOS SPORTS MASSAGE *50/80 minutes*

Sports stretching techniques, compression applications, and deep tissue are enhanced by personalized applications of healing balms, deep heat, and/or cooling gels. A perfect massage after a day of golf or activity.

DESERT STONE MASSAGE *50/80 minutes*

Smooth stones are warmed and combined with hydrating oil to penetrate heat deep into muscles, soothing the body for an enhanced sense of well-being.

MOTHER-TO-BE MASSAGE *50/80 minutes*

With a blend of mother-and-baby safe oils to nourish the skin, this relaxing massage relieves body discomforts and stress, promoting deep breathing and comfort. This treatments is recommended during the second and third trimester.

REFLEXOLOGY *25/50 minutes*

Application of pressure to reflexology points on hands and feet relieves tension, improves circulation, and enhances functions of the body.

EXPRESS FOCUS MASSAGE *25 minutes*

Short on time? 25 minutes of specific massage focus brings relief to target stress or tension areas.

Signature Skin Care

Nourishing botanicals, active ingredients and relaxation... for glowing skin.

HIAPSI SIGNATURE FACIAL *50 minutes*

Deeply moisturize dehydrated skin leaving it soft and supple. This European-style, deep-pore cleaning is combined with all-natural skin care products to purify and replenish the balance of the skin.

SOL LOVER'S FACIAL *50 minutes*

This antioxidant skin therapy soothes and calms the skin. A gentle exfoliation is followed by a Soothing Cocoon Mask and comfort serum to nourish and balance sensitive and reactive skin.

CUSTOM COMBINATION FACIAL *50 minutes*

Balance the natural beauty and health of combination skin with a gentle pumice and black sand scrub followed by a gentle AHA treatment. Leaves skin smooth, radiant and healthy.

BRIGHT AND RADIANT *50 minutes*

Brighten up from sun damage, age spots, or hormone related pigment marks with this gentle facial featuring a Brightening Radiance masque rich with Vitamin C and Sea Lilly extract. Skin tone is brighter and radiant.

EXPRESS FACIAL *25 minutes*

This time-efficient therapy focuses on cleansing and hydration. Natural botanicals, vitamins and minerals leave skin smooth, radiant and hydrated.

Specialized Skin Care

ULTIMATE ESCAPE FACIAL *80 minutes*

Floral and botanical ingredients offer an aromatic escape while providing anti-aging nourishment to skin. A floral gel masque and serum combine with skin plumping moisturizer to promote a youthful radiance. The experience is enhanced with a drench of therapeutic mud to the back.

ULTIMATE PURIFYING FACIAL *80 minutes*

This expert purifying treatment features a gentle exfoliation, AHA treatment, sea derived serum and a Marine Powder toning mask. Skin is cleansed, soothed, softened and balanced.

ALPHA BETA EXPRESS PEEL *25 minutes*

Improve skin texture, reduce pores, and soften fine lines with a Dr. Dennis Gross professional peel. Glycolic, Lactic, Malic, Citric, and Salicylic Acids provide a safe and effective rejuvenating peel.

RETINOL EXPRESS PEEL *25 minutes*

Reduce fine lines, soften skin texture, and improve hyperpigmentation with a Dr. Dennis Gross Retinol Peel. Featuring AHA's and Retinol with hydrating Hyaluornic Acid, this peel increases cellular turnover for a radiant complexion.

See our enhancements list for a therapeutic add-on to any massage service.

Enhancements

Powerful and therapeutic add-on's to enhance your facial and massage treatments.

COLLAGEN EYE TREATMENT OR LIP TREATMENT

Treat fine lines with a lip or eye mask incorporated into your massage or facial treatment time.

FOOT RENEWAL

add 15 minutes

Paraffin application for silky-soft feet.

HAND RENEWAL

add 15 minutes

Paraffin application to enhance your massage or facial.

ARGAN OIL SCALP TREATMENT

add 15 minutes

An aromatic hair treatment leaves scalp nourished and hair shiny.

FOOT REFRESHER SCRUB

add 15 minutes

Soften the feet with an exfoliation scrub and steamed towels.

HERBAL WRAP ADD-ON

add 25 minutes

Extend the therapeutic benefits of a facial or massage with the addition of a detoxifying herbal wrap.

BODY POLISH ADD-ON

add 25 minutes

Begin your treatment with a skin softening body polish. Upon scheduling, please choose from Salt, Sugar, or Coffee scrub.

Nail Care

Our skilled technicians provide natural nail care treatments using non-toxic Spa Ritual and Dazzle Dry polish as well as Vitamin infused Orly Gel applications. Due to our clean and healthy products, we do not soak off or apply acrylic applications.

BLOOMING DESERT HANDS RITUAL *50 minutes*

Organic and hydrating herbs and geranium and jasmine oils provide a healing hand ritual of exfoliation, mask, and massage, leaving hands rejuvenated. This aromatic treatment is followed by perfectly painted nails using Spa Ritual Nourishing or Dazzle Dry polish.

HIAPSI GOLD MANICURE *40 minutes*

Nails are prepped and hands are moisturized, followed by an application of SpaRitual's newest line "Gold". This two-step flexible color system will double the wear of your manicure.

DAY DREAM MANICURE *25 minutes*

A soak and nail prep, moisturizing hand massage, followed by Spa Ritual polish application.

SOLAR CURED HANDS *50 minutes*

A power-packed gel application that nourishes with antioxidant vitamins and promotes healthy nails while enhancing durability, strength, and shine. The Gel application is followed by a moisturizing hand and arm massage. **Please schedule a complimentary gel removal wrap if you have existing gel polish to remove for this service.*

BLOOMING DESERT FOOT RITUAL 50 minutes

This healing foot ritual features exfoliation, callus removal, mask, hot towel application, foot and lower leg massage. Aromatic geranium and jasmine oils and herbs enhance the experience and toes are painted with Spa Ritual Nourishing or Dazzle Dry polish.

PARADISE PEDICURE 50 minutes

Coconut, pineapple and guava provide a sensory tropical getaway. A foot soak, nail prep, callus removal, exfoliation, hot towels, and oil massage to feet and lower legs is enhanced by tropical ingredients and their skin softening effects.

HIAPSI GOLD PEDICURE 40 minutes

Foot soak and nail prep, moisturizing foot massage followed by an application of SpaRitual's newest line "Gold". This two-step flexible color system will double the wear of your pedicure.

DAY DREAM PEDICURE 25 minutes

Feet are soaked, nail prep and moisturizer, followed by Spa Ritual polish application.

SOLAR CURED TOES 50 minutes

A power-packed gel application that nourishes with antioxidant vitamins and promotes healthy nails while enhancing durability, strength, and shine. The Gel application is followed by a moisturizing foot and lower leg massage. **Please schedule a complimentary gel removal wrap if you have existing gel polish to remove for this service*

POLISH CHANGE (HANDS OR FEET) 15 minutes

ENHANCEMENTS

FRENCH ADD-ON, PARAFFIN ADD-ON, HAND OR FOOT SCRUB ADD-ON

Waxing Services

Hair today.....gone tomorrow! Full service waxing for a smoother you.

Brow, Brow design, Lip, Chin, Back, Underarm, Bikini, Upper Leg, Lower Leg

Gentlemen's Services

Skilled stylists provide cuts and styling to freshen your look for any occasion.

GOLFER'S MASSAGE *50/80 minutes*

A fun day on the golf course can stress the low back, shoulder, elbow and forearm. This customized sport's massage focuses on releasing trigger points that can cause joint dysfunction and pain....leaving muscles relaxed and more effective for tomorrow's game.

GENTLEMEN'S FACIAL *50 minutes*

A relaxing, soothing treatment for skin that may be irritated from shaving, the environment, or everyday stress. Deep pore cleansing, a light facial massage and masque leaves skin with an even tone, smooth texture and feeling completely refreshed.

MAN-ICURE *25 minutes*

MEN'S PEDICURE *25 minutes*

Spa Experience Guide

RESERVATIONS

We strongly encourage advanced reservation to ensure preferred treatments. For your convenience, you may book your reservation online or with one of our Spa associates by contacting the Spa directly. All Spa treatments must be guaranteed with a credit card. Please call the Spa at (520)324-9200 or email at: SpaReservations@casinodelsol.com

ARRIVAL

We encourage you to arrive at least 30-40 minutes prior to your first treatment to relax in the Spa lounge, workout in the fitness center, or enjoy a swim or soak in the whirlpool in the hotel pool area. Please arrive on time. As a courtesy to the next guest, late arrivals for appointments will end as originally scheduled.

SERENE ENVIRONMENT

To preserve the privacy and tranquility of the spa environment, please refrain from the use of cell phones inside the facility. The Spa is a smoke free environment.

TREATMENT RECOMMENDATIONS

It is customary to disrobe for your spa services, although you may wear undergarments if preferred. Our therapists are professionally trained and adhere to strict draping guidelines. Communication is important in achieving relaxation. Before your treatment begins, inform your therapist of any health concerns that you may have. During your treatment, be sure to tell your therapist if you experience any discomfort.

GRATUITY

For your convenience, a 20% service charge will be added to the price of your services and will be dispersed to the spa therapists that served you during your treatments. Additional gratuities are a matter for personal discretion.

CANCELLATIONS

If you must cancel or miss any Spa appointment, please notify the Spa 24 hours in advance to avoid being charged full price for the service.

GROUP BOOKINGS

If possible, please notify us at least four weeks in advance so that we can make accommodations for your group.

GIFT CERTIFICATES

Spa gift certificates are available for purchase... a great gift for any occasion.

AGE REQUIRMENTS

Guests under age 16 must be accompanied by a parent or guardian at all times.

PERSONAL POSSESSIONS

We cannot be responsible for loss or damage to personal articles. We ask that you remove all jewelry before any service and recommend leaving jewelry at home or in your hotel guest room.

FITNESS CENTER

For our "on the go" guests in mind our fitness center offers a full range of cardiovascular and muscle toning equipment. Hotel guests may enjoy 24-hour access to the fitness center with a valid hotel room key.

OASIS POOL & PATIO

The hotel Oasis Pool offers a wonderful area to rejuvenate and enjoy a swim or warm soak. Please remember to bring your swimwear and notify the Spa staff of your desire to use the pool area.



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